

ST. NINIANS OLD PARISH CHURCH

PARISHIONER

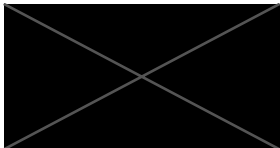
AUTUMN 2025



Helpful Contacts

Minister

The Rev Gary J McIntyre



GMcIntyre@churchofscotland.org.uk

Session Clerk

Mr Leslie W Asher



sessionclerk@stniniansold.org.uk

Depute Session Clerk

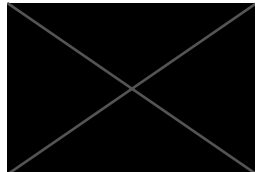
Mrs Sally P Andrews



deputysessionclerk@stniniansold.org.uk

Treasurer

Mr Edward A Morton



treasurer@stniniansold.org.uk

Church Officer

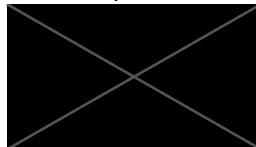
Mr Aaron H Colthart



a.colthart@talktalk.net

Organist

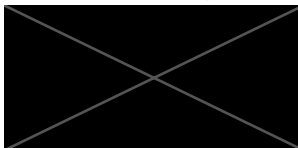
Mr Antony Baldwin



antonybaldwin19@gmail.com

Gift Aid Convener

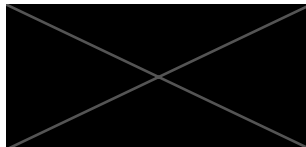
Mrs Heather Scougall



hscougall1509@gmail.com

Roll Keeper/FWO Convener

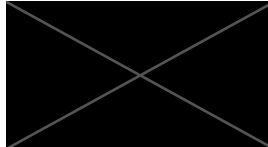
Mrs Alison Newman



rollkeeper@stniniansold.org.uk

Halls Booking Convener

Mrs Lorraine Reid



hallsbookingmanager@stniniansold.org.uk

From the Manse

Dear Friends,

As we embark on a new session in the life of our congregation, I am grateful for the opportunity to write to you.

Though the amount of administration I have to do seems to increase with every passing week, I continue to find great fulfilment in my calling, and I give thanks to God for the privilege of serving here in the Church and parish of St Ninians Old.

In July I spent a few days with my good friend, Iain Robertson, on Arran. While there I found myself thinking about the late Rev James Currie who was born at Drumadoon farm on the west of the Island. I knew his widow, Peggy, and his sisters Janet and Jean, and camped at Drumadoon when I was in the 1st Campbeltown Company of the Boys' Brigade.

James was a hard-working minister who never failed to take time to help and support people. I recall my granny showing me a letter he had sent to her when my grandfather was in hospital in Glasgow in the 1960's. It wasn't as easy then as it is now to make the journey from Campbeltown to Glasgow, and my granny didn't have a phone at the time. James's letter was therefore both welcome and reassuring. It also spoke to me of a man who knew what his calling was really about. He was a servant of God serving the people.

Administration is important, as are meetings in connection with the running of the Church, but when all is said and done, it is people that matter, and this we see in the life and ministry of Jesus. Wherever there was need he responded, and in so doing he affirmed the dignity and humanity of all those he sought to help.

This session I will be joined by the Rev Jake Lehman who is doing a 'familiarisation placement' in St Ninians Old. Jake was, until recently, a pastor in the Evangelical Lutheran Church in America. He will be with us for twelve months and as well as learning about the wider work of the Church of Scotland, Jake will be fully involved in the life of our congregation. I look forward to having Jake as a colleague and to working with him as a brother in Christ.



I know you will welcome Jake, his wife, Melissa, and their three children, Clare, George and Julia, and that together we will make sure their time with us is a time of blessing and fruitfulness.

Every good wish,

Gary

The Rev Gary J McIntyre

Greetings from Pastor Jake Lehman and Family



Greetings from Kalamazoo, MI - USA! We have been feverishly working to get all the details in place and are very much looking forward to joining you in Stirling soon! In the meantime, we wanted to share a little about ourselves by way of an introduction.

Our family consists of Jake, Melissa, Clare (16), George (13), and Julia (9). Clare is a thoughtful and considerate teen who is interested in music, gaming, and video editing; George is a funny and caring young man who enjoys pizza, ice cream, and dance parties; and Julia is a social butterfly who is into arts and crafts, playgrounds, and Minecraft.

Melissa and Jake are both native to the Great Lakes area of the US, Melissa growing up in Indiana and Ohio, and Jake spending his youth in Ohio. In their spare time, they enjoy music, travel, the outdoors, exercise, and good movies. Jake also enjoys obstacle course racing and playing as a part of the Kalamazoo Pipe Band.

Professionally, Jake spent a year doing campus ministry in Marseille, France before serving for several years as a youth director and worship leader in Columbus, Ohio. He is a graduate of Trinity Lutheran Seminary in Columbus and has spent the past 15 years serving a congregation in downtown Kalamazoo, Michigan.

We are very excited to join you at St. Ninans and look forward to getting to know you as we serve and grow alongside one another in the coming year!

Services

The Sunday service begins at 10:30am.

Services can be watched on the Church YouTube channel.

Tea, coffee and biscuits are served after every service in the Church apart from the third Sunday in the month when we gather in the Parish Halls.

The Scarament of Holy Communion will be celebrated on Sunday 14th September. All who love the Lord are invited to gather at his table.

Eccles Court

Services are held in Eccles Court on the last Wednesday of the month at 2pm.

Prayer Time

There is an opportunity to gather for prayer in the McMichael Chapel on the last Sunday of the month. Prayer requests can be attached to the prayer tree or placed in the box next to it. Alternatively, prayer requests can be submitted online through the Church website.



St Ninians Cemetery

There will be a meeting on Thursday 4th September to discuss the cemetery and what could be done to improve its appearance and make it safe in order that members of the public can have access to it. It is hoped that a planning group will be formed to take ideas forward and to liaise with Stirling Council and grant awarding bodies. The meeting will take place in the Church at 7pm. If you are interested, you will be very welcome.



Songs of Praise

There will be a songs of praise service in the Church of the Holy Rude on Sunday 7th September at 6:30pm. The service will be followed by a further time of fellowship. All welcome!

The Kirk Session

The Kirk Session will meet in the Parish Halls at 7pm on Tuesday 16th September and Tuesday 18th November.

Open Days

The Church will be open from 12-2pm on the afternoons of Saturday 27th and Sunday 28th September. Members of the public will be welcome to look round the building and to learn something of its history as well as about the life of the congregation today.

Bible Study

In the coming months there will be an opportunity to gather and study aspects of our faith. We will be using material prepared by Alpha but where appropriate it will be adapted to suit our local context. The studies will be relaxed and informal and will be open to all.

We will meet at the Church on the following Tuesdays at 7pm:

- 14th October – ‘Is there more to life than this?’
- 21st October – ‘Who is Jesus?’
- 28th October – ‘How can I have faith?’
- 4th November – ‘Why and how do I pray?’
- 11th November – ‘Why and how should I read the Bible?’

Further studies will be held on Tuesday 27th January, 3rd, 10th, 17th and 24th February and 3rd March.

Harvest Thanksgiving

Our harvest thanksgiving service will be held on Sunday 5th October at 10:30am. It will be a family service. Once again we will be supporting WaterAid. Envelopes are being distributed with this edition of The Parishioner and can be returned to the Church any Sunday in September. Alternatively you can support WaterAid through the link on our Church website.

Remembrance Sunday

There will be a service of remembrance on Sunday 9th November at 10:30am with the silence being observed at 11am. There will be a retiral collection for Erskine.

God is with us all the time

Some of the most amazing words found in the Bible are the words of Jesus at the end of Mathew's Gospel; ***"I will be with you always"***. Life can be uncertain at times and on occasion we are not sure what is happening to us or around us. Outcomes are not clear, and things can get out of control. But God is with us all the time and this knowledge can transform any situation and give us hope. Deuteronomy 31:8 has this wonderful promise:

"The Lord Himself goes before you and will be with you. He will never leave you nor forsake you. Do not be afraid; do not be discouraged."

Photo Gallery

PETER
KALE
Iona
Abbey



Gift Aid

HEATHER SCOUGALL

Donating to the Church through Gift Aid brings in an extra 25p for every £1 donated. If you are contributing to the Church and are a taxpayer you can sign up for this. There are Gift Aid declarations in the vestibule of the Church on the information table.

giftaid it

Once completed the form should be handed to myself Heather Scougall or any of the duty elders who will pass it on. You will then be given Gift Aid envelopes or if you prefer you can pay monthly through your bank by completing the bank mandate form also available. Please let me know your preference at the time of signing the declaration.

I am aware that during the covid pandemic many of the gift aid contributors changed from weekly offering envelopes to paying via monthly standing order through the bank. I am concerned that there may be members who no longer receive envelopes that might still wish to have them. Should this be the case and you would like envelopes please either inform your elder or contact myself Heather Scougall on 07845530362 or by email to hscougall1509@gmail.com. Thank you.

Photo Gallery

ELAINE

RONALD

Staffa



Art Exhibition

Greer Ralston is an artist who lives in Stirling. In July she held an art exhibition and gave twenty five percent of the money raised to St Ninians Old for us to distribute to charities we support. As a consequence of Greer's thoughtful and kind gesture, £555 was given to Stirling Street Pastors and £555 was given to Start Up Stirling. We thank Greer most sincerely and include in our thanks her sister, Aileen, who hosted the exhibition and supplied the drinks and food for those who visited.



The following message was received from Stirling Street Pastors;



I would like to thank St Ninians Old Parish Church for the donation of £555 to Stirling Street Pastors. We really appreciate your continuing financial and prayerful support.

Your donation will be used to:

- Resource patrols on the streets with flip-flops, bottled water, blankets and essential items to care for people.
- Contribute towards employee and volunteer expenses.
- Pay for ongoing training and uniform

costs.

- Help with costs of maintaining a base for patrol operations and other meetings.
- Cover essential administrative costs such as legal, safeguarding and insurance costs which we pay through our governing body, Ascension Trust (Scotland).

Regards, Russell

Russell Boyd

Stirling Street Pastors Coordinator



The following message was received from Start Up Stirling:

Start Up Stirling is grateful for the generosity shown from the recent art exhibition held by Greer Ralston.

Our supporters helped us distribute over 165 thousand meals last year. This donation goes to ensuring we can continue to help those in hardship in the local area.

Kind regards,

Jamie Gillespie,
Admin & Operations Support Worker

Prayer



Prayer

Gracious God,

We pray for peace in our world, for an end to conflict and violence, and for reconciliation between the nations.

We pray for our church, that it may be a beacon of hope and a place of refuge for all who seek you. May we be united in your love and purpose.

We pray for those who do not know you, that they may come to experience your love and grace.

In Jesus' name, Amen.



The 8th Stirling (St Ninians) Company of the Boys' Brigade

The last weekend of the school holidays saw the 8th Stirling Boys' Bridge Company Section attend their annual BB Camp at Tighnabruaich. A great time was had by all!

One of our Kings Badge candidates Tom had this to say about the weekend.

"On the 8th of August me and other boys from the BBs left on a bus to make it to the BBs camp.

It was a long journey, but we soon met up with our friends and leaders who had arrived a day early to kindly set up our tents and the hall for us.



Shortly after we arrived, we had lunch and were sorted into our tents and teams for the next couple of days: Green, Purple, Orange and Blue. I was in the green team. With these teams we took part in different fun challenges and sports throughout the weekend. One of these was frisbee golf, and in the end the winners were the Orange team.

Everyone enjoyed these activities, and it was fun to camp. We had tasty meals, and lots of great home baking which kept our energy up.

The worst bit was the many ticks, but the leaders got pretty good at getting them off us!

Everyone had a great time and it was a great camp. "

The Boys' Brigade returns shortly from its summer break with the enrolment evening being held in the church hall on Friday 29th of August with all boys from P1-S6 welcome to come along and join in.

If you have any questions about the Boys' Brigade or even interested in volunteering please email David Ross at: davidchristopherross@gmail.com

Craft Group

JANETTE PETERSON

The craft group will resume after our summer break on Thursday 18th September at 2pm till 4pm.

We meet fortnightly in the front room of the Parish Halls where we have a good natter and cuppa while busying ourselves with whatever craft we are working on. We are a friendly group and anyone wishing to come along will be most welcome.

Initial dates for craft group for your diary:

- 18th Sept
- 2nd Oct
- 16th Oct
- 30th Oct



Pastoral Care Group

GRACE McINTOSH

If you know of anyone who would benefit from telephone contact or a visit from a Pastoral Care Group member, please let me or the Minister know.

Prayer Group

Please make your prayer requests known to the Prayer Group and we will pray over them.



Members of our prayer group will hold your loved one or situation in their individual daily devotions and monthly we meet following the service in the McMichael Chapel, where others are welcome to join us in a *Time for Prayer*.

You can make your prayer requests known to us at Church or online. In the McMichael Chapel, in

the Church, you will find the prayer tree and prayer box. You can write your request on a label and hang it on the tree or if the prayer request is more private, please use one of the small cards and place it in the prayer request box.

You can also submit your prayer requests online you will find the link to the form on the Church website and Facebook page. These requests are anonymous and confidential.

Social and Fundraising Committee

ALISON NEWMAN

Soup and Sandwich Lunch

The Social and Fundraising Group are delighted to announce that the Soup and Sandwich Lunches will recommence on **Saturday 4th October**. We will continue the first Saturday in November and December (1st and 6th respectfully). These will be at the usual time of **12noon until 1.30pm**. The charge per person will be £5.



Picnic

There will be a picnic in the Manse Garden on **Saturday 13 September from 2.00pm until 4.00pm**. Please bring what food and whatever else you wish to drink. You will also need something to sit on. We are hoping to have good weather at this time.

Sunday Club

It was great to have a number of our young folk in Church for Sunday Club Prizegiving before the summer holidays. Our Prizegiving coincided with the



Minster's birthday and we lead the congregation in "Happy Birthday" with Tony our Organist.



Refreshed from our summer break we are now back and looking forward to our new programme. We have lots of activities planned and will be talking about stories from the Bible and looking at the work of some of the different charities St.Ninians Old Parish supports. We recently looked at the story of David and Goliath.

It has been lovely in recent months to welcome some new families to our Sunday Club family, and we would be very glad to welcome more new families. Sunday Club is for children from Nursery to P7. Children gather in Church for the start of morning worship and then accompany Sunday Club leaders down to the Parish Halls.

Tuesday Group

MIRANDA MILLER

It's hard to believe the new session of the Tuesday Group will resume on **September 30th at 2.00pm**. This will be our annual afternoon tea. The last quiz afternoon was very popular, so the members decided to make it an annual event and this will be held on **Tuesday 28th October**.

The Scots afternoon will be celebrated on **Tuesday 18th November**. Please note the earlier date. Once again, the Billy Ferguson Ceilidh Band - the 3 B's will provide the entertainment. They were very popular last year so it was decided to book them again.

The Christmas lunch will once again be at Stirling Golf Club on **Tuesday 16th December, 12 noon for 12.30pm**. Cost still to be confirmed.

The Burns supper will be celebrated on **January 27th**. This will be an evening event. The Rev. Gary J McIntyre will address the group on **24th February** and the AGM will take place on **Tuesday 31st March**.

It was unanimously decided at the recent AGM to increase the annual subscription to £10. This would include the afternoon tea ticket and the Scots afternoon entertainment.

New members are always welcome so please come along and bring a friend. The committee is looking forward to welcoming everyone to the new session.

Garden Group

Thank you to everyone who has helped tidy the Church grounds over the summer. There will be a further two sessions this year on September 2nd and October 14th.



Blythswood Shoe Box Appeal

St.Ninians Old Parish Church will once again be taking part in the Blythswood Shoe Box Appeal. In preparation of this we would be grateful if you could bring any empty shoe boxes along to the Church and leave them in the McMichael Chapel. These can be covered in Christmas paper or not, we can cover them.

Blythswood are no longer accepting knitted toys but knitted hats, scarves and gloves are very welcome and there is information and some patterns available on the Blythswood website, <https://blythswood.org/wp-content/uploads/2022/08/Knitting-patterns-for-Shoe-Box-Appeal-2022.pdf>

Blythswood request that each shoebox contains a toothbrush and toothpaste, underwear, soap, sweets, toy/gift, scarf, gloves and hat. Any donations of these items would also be gratefully received. There will be a box in the Church to receive donations.



British Heart Foundation



The British Heart Foundation accepts used and unused stamps as donations to fund their research and services. Please cut the stamps from the envelopes, leaving a small border of paper around them. There is a box in the vestibule of the Church for you to place your stamps in and we are grateful to Alison McLaren for taking these to the British heart Foundation shop in Stirling. This simple act of donation can help the British Heart Foundation raise money by recycling and selling the stamps.

Christian Aid

ELAINE WALKER

Thank you, friends, for your generous donations during Christian Aid Week. On this the charities 80th Anniversary you helped raise £478.10.

There will be a further chance on October 25th to support the charity when Stirling Kirks Together hold their annual coffee morning. This year Park Church are hosting the event. If you remember we hosted last year and an amazing £1,188.50 was raised. Thank you



all. As always we couldn't run these events without the help of our congregations. If anyone would like to assist on the day or bake a few buns speak to me at Church or call me on 07935154067

Crossreach

NANCY MCNICOL

Prayers of Intercession, prayers for others, are part of our Sunday worship. At this point we pray for others. Young and old, known to us and not known to us. People who need and desire support and encouragement and to be cared for through challenging times in their lives.



Have you ever paused to ask, "Does the Church reach out in any way to acknowledge these needs?"

CROSSREACH, the Social Care Council of the Church of Scotland reaches out and delivers services through teams specialising in Children, Families, Adult Care and Older People. Based in Charis House Edinburgh and Willow House, Strathclyde Business Park.

The service has a long and interesting history, from early beginnings in 1869 as the Committee on Christian Life and Work to its present title, Social Care Council of Church of Scotland, trading as

CROSSREACH. A name reflecting its ethos ..."the desire to reach out to people who need support across Scotland while making clear that faith is the motivation of our work."

In these 155 plus years much has been achieved The Young Men's Guild, The Women's Guild, The Life and Work publication, Care Homes for the Elderly, Hostels and Mission Shelters. Counselling for Post Natal Depression, Drug Addiction, Homelessness, Learning Disability and significantly, for Families coping with these issues. The detailed history of these developments can be accessed on the CROSSREACH website <https://crossreach.org.uk/>

Significant achievements include:

- The first care home for the elderly specialising in dementia care at Williamwood in 1983.
- Rainbow House - now Residential Recovery Service-Offers family counselling, help with drug misuse and a day care facility with counselling for those experiencing Post Natal Depression.

- Cunninghame House 1994 Accommodation and support for homeless persons for up to 12 weeks.
- Sunflower Garden Project (2003) Day care facility for children affected by addiction within their families.
- Daisy Chain “Playful Beginnings” A community based early intervention project for children under 12 and their families. This initiative aims to improve children’s health and well being through play and nurture. The Church of Scotland Guild support and has raised almost £32,000 in the past year.

CROSSREACH has changed and renewed over time, adapting and responding to our changing society and changing needs. It has a 5 Year Strategic Plan, “Love from CROSSREACH” remaining person-centred with aims and objectives based on a deep-rooted concern for others, their humanity and dignity. It currently offers 70 services across Scotland and supported 2000 families in the last year. It is one of the largest and most diverse not-for-profit providers of Social Care in Scotland

If you are interested in learning more about the work of CROSSREACH and how you can support it please take a leaflet available from the table at the entrance to the church or go online to www.crossreach.org.uk.

CHAS Coffee Afternoon

On June 21st 2025, Janet Graham from Glasgow Road, held an afternoon tea in her garden to raise funds for CHAS children’s hospice. The volunteer group Janet is a part of are called the Stirling Starlings and have raised over £50000 doing various fundraisers over the past 9 years.

This year’s afternoon tea was the best to date, serving over 145 afternoon teas, provided by Janet’s daughter Becky, who owns local bakery Fondlyiced. The grand total raised on the day was £5730, and although there was a little rain shower it did not dampen what was a truly amazing day. Thank you to all the family, volunteers, friends and local businesses who helped make this day so special. Janet cannot wait till next year.



The Temple of Jerusalem

ARTHUR S WALLS

It was David's great ambition to build God a Temple, though this was only realised by his son Solomon. It was natural for a powerful king to honour his God in this way, and the existing Tabernacle provided the pattern for a simple central sanctuary.

The people of God were encamped at Mount Sinai. Every day they gazed with trembling at the cloud covering the mountain for it signified God's coming down to speak with them. But during their stay, at Moses' instruction, they provided materials for the construction of the very complex tent which has come to be called the "Tabernacle".

On the day when it was finally completed and erected, as they watched, "the cloud covered the tent of meeting, and the glory of the Lord filled the Tabernacle." The Lord in his glory had actually come to dwell among his people. This is the supreme significance of the Tabernacle.



The Ceremony

The ceremony described in Exodus 24 places the Sinai law given in its correct context.

The Tabernacle is the first Temple, but it was destroyed by the Babylonians.

Nehemiah, however, on his return from exile in Persia organised the rebuilding of

the Temple which is known as the second Temple. It in turn was destroyed by the Romans and all that is left is a wall known as "The Wailing Wall." This Temple had stood for about 500 years when Herod the Great became King of Judea. The building had suffered considerably from natural decay as well as assaults from hostile armies and Herod proposed to rebuild it. Most of the work was carried out during Jesus' life on this Earth. Within 40 years of our Lord's crucifixion, it was utterly destroyed and never rebuilt.

The Wailing Wall, also known as The Western Wall or Kotel, is a significant religious site in Jerusalem for Jewish people. It is the last remaining structure of the Second Temple which was destroyed by the Romans. It is a Place of Prayer and Pilgrimage where people mourn the Temple's Destruction and pray for its Restoration.

My wife Rena and I on holiday in Cyprus took the short cruise to the Holy Land and visited the Wailing Wall. As is the custom we put a small note containing a prayer into a gap in the Wall. We found it to be a moving experience, filling us with a sense of history.

NHS Appeal to crafters – NHS Kindness Hearts

HEATHER SCOUGALL

Colourful knitted kindness hearts help to bring comfort to the families of patients who are receiving last hours and days of life care. The hearts are gifted as a poignant keepsake – one that stays with the patient and other which is given to the patient's loved one. A practice started during the COVID pandemic that has continued, NHS Forth Valley would gratefully receive donations of these wee hearts.



You will need:

- Simply Soft Aran yarn, colours Red/Soft Pink (I am using Double knitting wool)
- 4mm knitting needles
- Stitch marker
- Yarn needle
- Scissors
- Stuffing

Make 2 sides. ♥ ♥

Cast on 3 sts. (stitches)

Row 1: Purl

Row 2: K1, M1, K1, M1, K1 (5sts)

Row 3: Purl

Row 4: K1, M1, K3, M1, K1 (7sts)

Row 5: Purl

Row 6: K1, M1, K5, M1, K1 (9sts)

Row 7: Purl

Row 8: K1, M1, K7, M1, K1 (11sts)

Row 9: P5, K1, P5

Row 10: K1, M1, K3, P3, K3, M1, K1 (13sts)

Row 11: P4, K5, P4

Row 12: K1, M1, K2, P7, K2 M1, K1 (15sts)

Row 13: P1, M1, P2, K9, P2, M1, P1 (17sts)

Row 14: K3, P11 K3 (17sts)

Row 15: P1, M1, P1, K13, P1, M1, P1 (19sts)

Row 16: K1, M1, K1, P15, K1, M1, K1 (21sts)

Row 17: P3, K15, P3

Row 18: K1, M1, K2, P7, K1, P7, K2, M1, K1 (23sts)

Row 19: P4, K7, P1, K7, P4

Row 20: K4, P6, K3, P6, K4

Row 21: P5, K4, P5, K4, P5

Row 22: K5, P3, K7, P3, K5

Row 23: Purl

Row 24: K11 (turn work leaving the remaining 12sts unworked and continue on these 11sts only)

Row 25: P9, P2tog (10sts)

Row 26: K2tog, K6, K2tog (8sts)

Row 27: P6, P2tog (7sts)

Row 28: K2tog, K3, K2tog (5sts)

Row 29: P2tog, cast off purl wise
With right side facing, re-join yarn top centre back, to complete left mound as follows:

Row 24a: K2tog, K10 (11sts)

Row 25a: P2tog, P9 (10sts)

Row 26a: K2tog, K6, K2tog (8sts)

Row 27a: P2tog, P6 (7sts)

Row 28a: K2tog, K3, K2tog (5sts)

Row 29a: Cast off 2sts, P2tog, cast off

Finishing:

With tail ends left on the heart, begin to sew around the sides using over sew stitch, leaving a gap to insert stuffing. Turn inside out, fill with stuffing and sew up gap to close, and secure in ends. Your first knitted heart is now complete! Repeat the whole process to create another heart, and complete the matching pair. ♥

Photo Gallery
ARTHUR WALLS

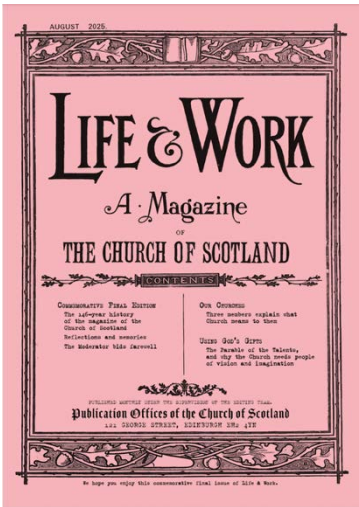
Wee robin.



Life and Work Magazine
MARION JACKSON

At the General Assembly in May 2025, it was with great sadness that the Church took the very hard decision to cease production of Life

and Work in its current format. The final edition celebrates the history and impact of Life and Work as the Church of Scotland's magazine over many years.



Acknowledgements

The Life and Work team would like to acknowledge and thank the many people, within 121 George Street and beyond, who have played a part in the production and running of the magazine:

All contributors in words and pictures, designers, finance, legal, advertising, printers, management and conveners and members of the editorial advisory committee.

Thank you also to the Church of Scotland communications team, and colleagues in the Faith Action team and its predecessors.

A special word should go to the hundreds of Life and Work co-ordinators in parish churches, many of whom have served faithfully for decades.

And finally to all the readers, past and present, who have sustained the magazine for 146 years.

Thank you all.





RECIPES



Salmon Bites with Lemon Butter Orzo

LORRAINE REID

Another recent find on the internet that we have tried for dinner. It was simple & tasty.

Preparation time: 10 minutes

Cooking time: 15 minutes

Total time: 25 minutes

Calories: 430 kcal per serving

Servings: 4

Ingredients:

For the Salmon Bites:

- 1 lb skinless salmon fillet, cut into cubes
- 1 tbsp olive oil
- 1 tsp garlic powder
- ½ tsp paprika
- Salt and pepper, to taste
- 1 tbsp lemon juice
- 1 tbsp fresh parsley, chopped (for garnish)

For the Lemon Butter Orzo:

- 1 cup orzo pasta
- 2 tbsp butter
- 2 cloves garlic, minced
- Zest and juice of 1 lemon
- ¼ cup grated Parmesan cheese
- 1½ cups low-sodium chicken broth (or water)
- Salt and pepper, to taste
- 1 tbsp fresh parsley, chopped (for garnish)

Directions:

Cook the Orzo In a saucepan, melt 1 tbsp butter over medium heat. Add orzo and toast for 2 minutes, stirring until lightly golden. Pour in broth or water, bring to a boil, then reduce heat. Simmer for 8–10 minutes until tender and liquid is mostly absorbed. Stir in garlic, lemon juice and zest, Parmesan, remaining butter, salt, and pepper. Cover and set aside.

Cook the Salmon Bites Toss salmon cubes with olive oil, garlic powder, paprika, salt, and pepper. Heat a skillet over medium-high heat. Sear salmon for 2–3 minutes per side until golden and fully cooked (internal temp: 145°F/63°C). Drizzle with lemon juice just before removing from heat.

Assemble and Serve Spoon lemon butter orzo onto plates. Top with salmon bites. Garnish with fresh parsley and a touch of extra lemon zest if desired. Serve warm and enjoy!



The Parish Register

Baptism – “In the name of the Father, the Son and the Holy Spirit”

6th July 2025

Leo George Bolton, son of Gary
and Kerri.

20th July 2025

Cameron Anna Imrie, daughter of
Tom and Eilidh

Deaths – “I go to prepare a place for you”

10th May 2025

Mr William Donaldson
Oakeshott House Care home
Stirling

25th June 2015

Miss Victoria Taylor
48 McLaren Terrace
St Ninians

17th May 2025

Mrs Irene Kerr
Roselea Court Care Home
Stirling

28th June 2025

Mrs Catherine Binnie
99 Abbot Road
Stirling

19th May 2025

Mrs Sandra McDonald
7 Torbrex Road
St Ninians

1st July 2025

Mr Ron Wilson
15A Manse Crescent
Stirling

27th May 2025

Mrs Sandra Corr
18 Gilles Drive
Stirling

4th July 2025

Mr John Binnie
99 Abbot Road
Stirling

28th May 2025

Mr William Rourke
9 The Kirklands
St Ninians (District 27)

10th July 2025

Mrs Ann Brown
Nightingale House Care home
Paisley

28th May 2025

Mr Danny McPhail
Muirlands
Bannockburn (District 39)

16th July 2025

Mrs Dorothy Kaney
10 Kirk Wynd
St Ninians (District 25)

Psalm 16:11 “You have made known to me the path of life; You will fill me with joy in your presence, with eternal pleasures at your right hand.”

Wordsearch

Paul Shipwrecked

P	R	I	S	O	N	E	R	S	E	A	F	A	R	I	N	G	K	U
M	A	L	M	E	G	D	S	E	R	P	E	N	T	N	S	Y	V	H
N	G	B	O	B	M	D	H	L	E	F	J	L	I	E	D	U	T	Q
A	N	C	H	O	R	O	X	J	Z	E	V	C	T	X	T	J	M	Y
V	S	S	T	O	R	M	R	S	F	M	I	R	A	C	L	E	A	C
I	N	B	A	U	B	I	A	S	P	W	S	D	B	C	D	W	W	R
G	O	C	F	X	P	I	U	O	X	Z	I	G	V	M	A	U	T	Y
A	D	I	K	W	L	R	L	V	F	N	O	B	S	T	X	U	K	K
T	Y	M	E	O	V	C	E	P	O	N	H	S	E	S	A	C	U	
I	L	R	R	I	Y	Y	E	P	Q	Y	X	A	P	D	G	P	E	F
O	C	S	V	I	K	I	J	N	H	B	C	W	M	K	C	P	R	F
N	O	O	B	U	S	G	C	O	T	E	W	P	A	U	L	L	W	Y
C	R	W	G	L	O	T	J	W	U	U	C	R	K	M	W	A	P	V
S	U	M	A	L	T	A	S	C	Z	R	R	Y	E	L	F	N	I	E
X	E	N	T	E	C	O	W	E	E	O	N	I	O	C	A	K	H	S
Z	D	B	B	C	R	N	N	Z	P	R	B	E	O	K	K	S	S	S
R	F	H	W	O	I	I	H	E	I	M	E	U	Y	N	F	A	Z	E
O	L	U	H	T	I	A	F	L	M	H	E	A	L	I	N	G	G	L
Y	K	G	O	D	S	P	R	O	T	E	C	T	I	O	N	L	Y	E

ANCHOR
CASTAWAY
CENTURION
CREW
EUROCLYDON
FAITH
FATHOMS
FIRE
STORM
VESSEL

GOD'S PROTECTION
HEALING
ISLAND
JOURNEY
MALTA
MIRACLE
NAVIGATION
PAUL
SURVIVORS
VISION

PLANKS
PRISONER
PROPHECY
ROME
SAILORS
SEAFARING
SERPENT
SHIPWRECK
TEMPEST
WRECKAGE

ST.NINIANS OLD PARISH CHURCH

PARISHIONER

WINTER 2025



**The Winter Edition of the Parishioner
will be out in early December**

**Submission Date for Articles is:
Sunday 16th November**

Thank you

St Ninians Old Parish Church
Kirk Wynd
Stirling
FK7 9AY
website: stniniansold.org.uk
parishioner@stniniansold.org.uk
Scottish Charity Number SCO16320